



XCSKI SAFE RESTART FOR SKIERS

10 things we can all do to stop the spread:

- Park at least one car apart for physical distancing
- Come prepared and don't mingle before or after
- Stay at least 6 feet away from others at all times
- Wear a face covering when unable to social distance
- Bring hand sanitizer and extra hand warmers
- Don't touch your face — eyes, nose and mouth
- Cough or sneeze into your sleeve and do not spit
- Clean and disinfect frequently touched surfaces often
- Bring your own drinks and don't share your gear
- Please, stay at home if you are sick!

MORE RESOURCES:

